

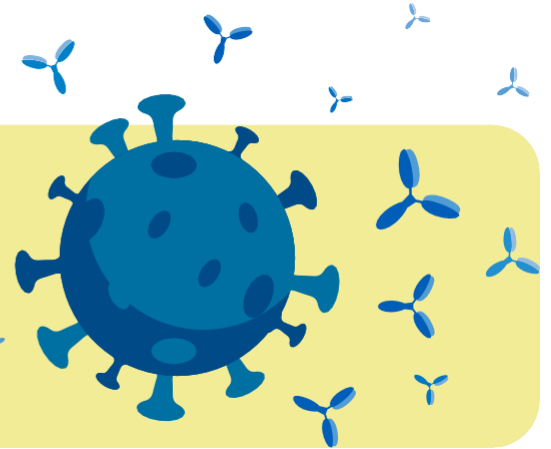


Monoclonal Antibodies Treatment

In November, the U.S. Food and Drug Administration issued an Emergency Use Authorization to allow the use of monoclonal antibodies for the treatment of mild to moderate symptoms of COVID-19 in adults and pediatric patients who do not require hospitalization or require oxygen therapy.

What are monoclonal antibodies?

They are a type of treatment, given as a shot in the vein or under your skin, that can protect you from getting COVID-19 if you've been exposed and it can also treat COVID-19 before it becomes serious. This can save lives and stop you from needing to get admitted to the hospital.



Who can get this treatment?

To receive treatment you can either have a positive COVID-19 test and be high risk or have been exposed to someone who has COVID-19. High-risk individuals can be:

65 or older and weigh at least 88 lbs. or more

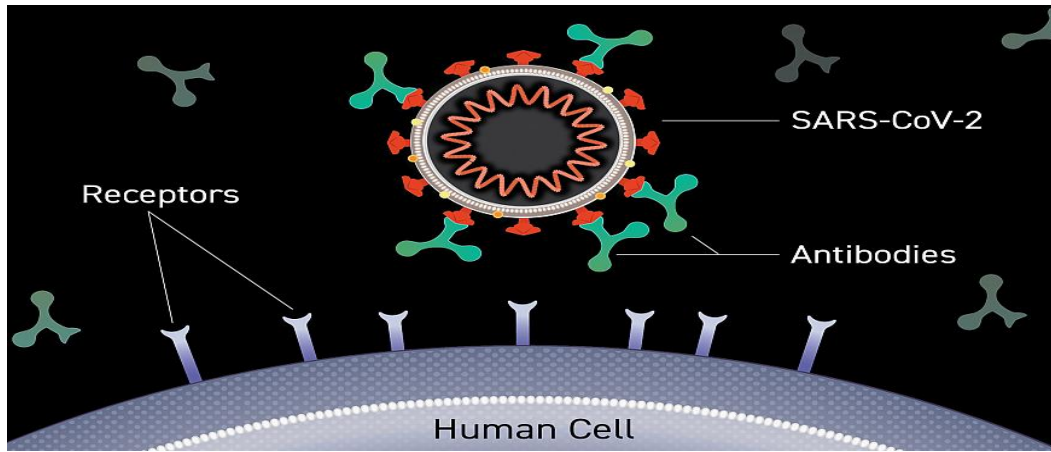


Age 12 or older and weigh at least 88 lbs **AND** have any of the following:

- Chronic kidney disease
- Heart or lung disease
- BMI of 25 or greater
- Pregnancy
- Diabetes
- Immunosuppressive disease



Told by a doctor they are at high risk of a serious case of COVID-19



MONOCLONAL ANTIBODY (mAb) TREATMENT WHAT TO EXPECT

At Your Appointment

If you receive monoclonal antibody treatment subcutaneously, you will get four shots with a short needle inserted under your skin in four separate places on your body. These usually include the back of the arms, the stomach and/or the thighs. Receiving all four shots takes about 1-3 minutes. You will be asked to wait 1 hour after your shots to make sure you don't have serious side effects.

Side effects are like what you may experience when getting other medicines by injection, like the Covid-19 vaccine or a flu shot. If you notice changes such as drainage, numbness, tingling, or other concerning symptoms near your injection site, call your Crusader healthcare provider at 815-490-1600 or send a message to your provider through your MYCRUSADERPORTAL.

When You Go Home

After your treatment you should go home, rest and take care of your COVID-19 symptoms if you have them. If you have discomfort where you got the injections, you can use a cold compress the day of your treatment. After that, warmth (like a heating pad) can help heal any bruising. You may begin to feel your COVID-19 symptoms improve quickly, or it may still take a while before you begin to feel better.

Receiving mAb treatment does not change the duration of quarantine and isolation required. Continue to follow the guidance provided by your provider



Monoclonal antibodies (mAbs) are antibodies developed in a lab that block the virus from entering your cells and reduce the severity of disease and hospitalization

You Might Have Some Discomfort at Injection Site. This is common and should go away in a few days

Some People May Experience Mild Reactions, like:

- Brief Pain
- Mild Bleeding
- Bruising
- Soreness
- Swelling

Unvaccinated or thinking about getting that second shot or booster?

You'll need to wait **90** days after your treatment to get a vaccine